

Claudia Scaringella

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01/03/1991

PROFILE

Dance therapist. Contemporary and Improvisation dance teacher. Dancer. Choreographer.

Member of NVDAT (De Nederlandse Vereniging voor Danstherapie).

Language: Dutch, English, Italian and Spanish.

EXPERIENCE IN THE NETHERLANDS

- **Dance teacher: contemporary dance and improvisation - Cloud Dans Lab, The Hague -2017- Present.** Adults classes for intermediate and amateurs dancers. Weekly basis. cloud.danslab@gmail.com
- **Dance therapist - Private coach - Cloud Dans Lab, The Hague -2018- Present.** Private dance therapy sessions. Working with patients with burn -out / depression or on a self-development journey. For private client's references please contact me directly and I will provide you with contacts on agreement with my clients.
- **Dance therapist, performer and facilitator at Misiconi inclusive dance company - 2018 - Present.** Dance therapist and performer for Misiconi inclusive dance company. The company is formed by a director, 3 professional dancers and 4 dancers with disabilities (Down syndrome and CP). I often teach classes for the company and give

one to one personal counselling. As one of the leading inclusive dance company in the Netherlands we are often asked to give workshops or to create inclusive dance classes or programmes within special educations and to various organisations. info@misiconidance.nl

<http://misiconidance.nl/language/en/>

- **Dance teacher, creative movement for children and ballet - Harbour International School, Rotterdam - 2017- Present.** 4 to 6 years old kids. After school and curriculum dance classes. Weekly basis. xandrap@harbouribsr.nl
- **Dance therapist - Educator @ Maas Theatre en Dans - project “Steel je voor” in a special school for autistic children: “De Pilot” - 2019 - March 2020.** Dance and theatre are introduced and developed within the school activities curriculum. Children in the spectrum have the chance to approach and play with experiential learning. esther@maastd.nl / info@misiconidance.nl
- **Dance therapist for groups session. Self- development programme. Dance guest teacher: contemporary, jazz and improvisation. K’dans studio. The Hague - 2016 - Present.** Monthly dance therapy encounter. Monthly guest teacher to a group of adults. Amateur / Intermediate level. jolanda@kdans.nl
- **Dance therapist, facilitator and educator @ Huidhonger - project - 2019 - Present.** Dance therapy group session for people with Dementia. Different nursing homes in the Netherlands. Active in different period of the year for a minimum of 10 encounters. margreet@melmanproducties.nl
- **Dance teacher, creative movement and modern dance for the American International School, Rotterdam. 2017-Present.** Kids from 5 to 11 years old. After school. Weekly basis. kristen.woudstra@aisr.nl
- **Dance teacher and choreographer for DPFC, Rotterdam. 2016- 2018.** Teenagers 12- 20 years old groups. I choreographed several pieces for their end of the year show. sylvia@dpfc.nl
- **400 hours of clinical internship (Client population: Dementia /Young - onset dementia and Psychosomatic disorders ward) in the two following institutions 2017-2018:**

<https://www.florence.nl> For references: job@dansjobs.com

<https://www.argoszorggroep.nl> For references: r.the@argoszorggroep.nl

Since 2016 I work as a self- employee dance teacher in the Netherlands. I often have the chance to teach workshops regarding body awareness, improvisation techniques and partnering techniques. Some partners I worked for in the Netherlands are:

- Contact improvisation group - Rotterdam.
- Swing dance society - Rotterdam.
- Willem de koningen Accademy - Rotterdam.
- Koorenhuis - KOO - The Hague. clara@koo.nl

EDUCATION

University of Winchester BA (first class with honours) Choreography and Dance. 2014. United Kingdom. The education include 1 semester abroad in Shenandoah Conservatory, USA after receiving a study grant.

Catherine.Seago@winchester.ac.uk

Codarts, Hogeschool voor de Kunsten. MA Dance Therapy. 2019. Netherlands.

nwentholt@codarts.nl

SKILLS

I am a punctual and reliable teacher. My approach to students is gentle but I also like to give them specific goals and challenges. I strive to create a safe, playful and kind environment for their development.

My classes can be adaptable to the level and interests of the group.

All classes can be programmed for different groups abilities and disabilities, dancers and non-dancers.

Classes are highly physical and energetic and are developed from a series of modern and contemporary dance techniques like release technique, floor work and traditional dance vocabulary. They are essential to understand better the mechanics of the body in movement.

Classes focus on awareness on the inner and outer space, change of dynamics and qualities of movements. Repetitions are used to consolidate the knowledge acquired during the session.

Creativity and improvisation are always offered within the class. This part is very playful and is created to stimulate the participant's creativity to listen to their own body and improving their sensorial awareness.

Movements are developed by exploration and improvisation tasks to guide students to develop their unique way of creating movement materials to use on their dance creation.

The main aim of the classes is to establish a creative or intimate conversation with the artistic self embedded in all of us.

* For references please use the emails addresses provided by the interested job description.